

Alcohol Awareness and Brief Intervention Training

This is an interactive and informative course that aims to increase the knowledge and understanding of alcohol health literacy and apply brief intervention methods to real life work situations.

Course content:

- Physical and psychological effects of alcohol
- Understanding health literacy, ie units
- Drinking trends
- Brief intervention: what is it, why use it and delivery
- How to educate and promote alcohol awareness



All delegates receive a complimentary training pack and a USB memory stick with training materials and resources.

This in house training is suitable for staff at all levels who work directly or indirectly with people who may have alcohol issues.

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