

Training Days

Courses Available:

- Drugs Awareness
- Alcohol Awareness
- Psychoactive Substances (former 'legal highs') and Emerging Trends
- Mental Health Awareness
- Understanding Self Harm
- Developing and Maintaining Professional Boundaries
- Introduction to Motivational Interviewing
- Working with Families Affected by Substance Misuse
- Understanding Domestic Violence and Abuse
- Cognitive Behavioural Approaches
- Wellness in the Workplace
- Relationships and Sex Education
- Anti-bullying

All courses include a laminated certificate, training pack, and a USB memory stick with training materials and extra resources.



Get in touch anytime, with any questions. I will always respond within 3 working days.

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