



ECSTASY

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WHAT DOES IT LOOK LIKE?

There are two types of ecstasy. It is sold as tablets in all sorts of colours and has logos stamped on them but these logos do not represent any correlation with how the user will feel when they take them. So if you take a superman pill it won't make you feel like superman! There is also a powder form called MDMA but this is also the chemical name for ecstasy and has the misconception that it has a high purity level which is not always the case. Like with any drug, you can never be really sure what is in it let alone how strong it is.

HOW IS IT USED?

The ecstasy pills are swallowed and the MDMA powder is snorted or bombed which is where the person wraps the drug in a rizla paper and swallows it.

WHAT ARE THE EFFECTS AND RISKS?

People feel like they are in tune with their surroundings, music and colours feel more intense and they feel love and affection for those around them even if they are strangers! Physical effects include severe tightening of the jaw or otherwise known as 'gurning' and raised body temperature. Ecstasy use is linked to the clubbing and partying scene where users dance for long periods at a time, increasing the body temperature even more, so it's important to take regular breaks from dancing and stay hydrated. The 'come down' the next day can make people feel depressed, anxious and lethargic.

WHAT DOES THE LAW SAY?

Ecstasy whether it's a tablet or pill or powder, is a class A drug. The penalty is a maximum of 7 years for possession and supplying someone else, including your friends, can get you life in prison and/or an unlimited fine.