



MAGIC MUSHROOMS

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WHAT DO THEY LOOK LIKE?

Magic mushrooms is a slang name for psilocybe semilanceata or liberty cap mushrooms. They grow wild in the UK and have a long thin stalk and tan coloured mushroom top.

HOW ARE THEY USED?

After picking, magic mushrooms are either eaten raw or dried out and brewed to make a tea like drink.

WHAT ARE THE EFFECTS AND RISKS?

Just like LSD, the experience of taking magic mushrooms is a trip. This can be good or bad and you can never predict what trip you will feel. Magic mushrooms are a hallucinogenic drug which means it distorts your senses, for example, you may see things that don't exist or hear voices that are not real. A bad trip is like living a nightmare whilst awake. Hallucinations can be frightening and unsettling and any mental health issue such as anxiety and paranoia can be triggered or made a lot worse.

WHAT DOES THE LAW SAY?

Magic mushrooms are illegal and are a class A drug which means it's against the law to have any in your possession, to give away or to sell it. Even if you have picked them raw and not prepared or dried them out yet, you can still get arrested for possession of a class A drug. The penalty is a maximum of 7 years for possession and up to life in prison and an unlimited fine for supplying it whether money has been exchanged or not. Having a criminal record can prevent you from going travelling as many countries don't let you in and getting a good job could be tricky too.