



# MEPHEDRONE

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## WHAT DOES IT LOOK LIKE?

The slang names for mephedrone include meow meow, drone, bubble, charge and m-cat. It is a white powder and reports claim that users of the drug carry a distinct smell of cats urine!

## HOW IS IT USED?

Mephedrone is most commonly snorted or wrapped in rizla paper and swallowed (known as bombing). Less often but still a worrying trend, is users injecting this drug which adds more risks in terms of sharing equipment and catching viruses such as HIV.

## WHAT ARE THE EFFECTS AND RISKS?

Mephedrone is a stimulant drug that makes a person feel alert, confident, talkative and euphoric. It's hard to know the long term effects as this drug hasn't been around for a long time but we do know that people feel paranoid, anxious and experience insomnia where they can't sleep. It also over stimulates the organs which can lead to damaging the heart, circulation and even fits and hallucinations.

## WHAT DOES THE THE LAW SAY?

Mephedrone is a former 'legal high' that became illegal in 2010. It is a class B drug which means it's against the law to have any in your possession, to give away or to sell it. The penalty is a maximum of 5 years for possession and up to 14 years in prison and an unlimited fine for supplying it whether money has been exchanged or not.