



STACEY MILLER
CONSULTANCY
specialist in drugs and alcohol awareness



TRAINING TOPIC	FULL DAY	HALF DAY	2 HOUR WORKSHOP
Alcohol awareness	✓	✓	✓
Anger management			✓
Anti bullying	✓	✓	✓
Assertiveness skills			✓
Cannabis		✓	✓
Cognitive behavioural approaches	✓	✓	✓
Dealing with stress		✓	✓
Developing and maintaining professional boundaries	✓	✓	✓
Drugs including 'legal highs' (NPS) awareness	✓	✓	✓
Food and mood			✓
Goal setting			✓
Managing anxiety		✓	✓
Managing challenging behaviour		✓	✓
Managing peer pressure			✓



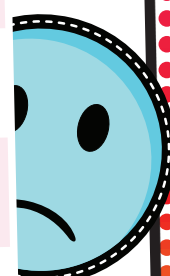
www.staceymillerconsultancy.co.uk

info@staceymillerconsultancy.co.uk • tel. 07703 670 654



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TRAINING TOPIC	FULL DAY	HALF DAY	2 HOUR WORKSHOP
Mental health awareness	✓	✓	✓
Mindfulness		✓	✓
Motivational interviewing	✓	✓	✓
Relationships and sex education	✓	✓	✓
Self esteem and resilience		✓	✓
Sex and alcohol	✓	✓	✓
Time management			✓
Understanding domestic abuse and violence	✓	✓	✓
Understanding self harm	✓	✓	✓
Wellness in the work place	✓	✓	✓
Working with Families affected by substance misuse	✓	✓	✓
Youth engagement	✓	✓	✓



2 Hour Workshop £300
Half Day £500 • Full Day £800
10% Discount for voluntary organisations.

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