## SUBSTANCE MISUSE AND WELLBEING TRAINING

## FOR EDUCATION, SCHOOLS & COLLEGES

The aim of Stacey Miller Consultancy is to provide an affordable and flexible service that is interactive and up to date focusing on the delivery of substance misuse and wellbeing education and training.

## TRAINING FOR STAFF:

- Youth mental health
- Substance misuse
- Youth engagement
- Understanding self harm
- Wellness in the workplace
- · Developing and maintaining professional boundaries





- Parent evenings
- Lessons for pupils
- Personal development programmes
- Example subjects include managing peer pressure, alcohol awareness, managing anxiety, food and mood, and bereavement and loss



