z	STACEY CONSUL Positivity and	ΤA	N C Y					
		FULL DAY		2 HOUR WORKSHOP				
	Alcohol awareness	J	V	V				
	Anger management			V				
	Anti bullying	V	V	√				
	Cannabis awareness		J	\checkmark				
	Cognitive behavioural approaches	V	V	V				
	Dealing with stress		V	V	b			
	Developing and maintaining professional boundaries	V	V	√				
	Food and mood			V				
	Managing anxiety		V	V				
	Mental health awareness	V	1	V				
	Mindfulness		V	V				
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FACEY LER S Ш CONSULTANCY Positivity and Prevention

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		FULL Day	Half Day	2 HOUR WORKSHOP			
	Motivational interviewing	V	V	V			
	Self esteem and confidence		√	V	_		
	Understanding domestic abuse and violence	V	V	V)		
	Understanding self harm	V	V	√	H		
	Wellness in the work place	V	V	V			
5	Working with families affected by substance misuse	V	V	V			
	Youth engagement	V	V	V			
	2 Hour Works Half Day £450 •			50			
	Workshops can be delivered online or in-person. 10% Discount for voluntary organisations.						
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